



LAC Aonach Mor Uphill 2007

Cold conditions greeted this years runners, but that wasn't enough to put off another large field of competitors. Good to see a lot of new faces at the race and some pretty old ones too!

- 1 David Rodgers LAC M 0:24:06
- 2 Colin Donnelly LAC M40 0:24:24
- 3 Dan Whitehead Cosmics M 0:24:47
- 4 Stewart Whitley Carnethy M40 0:25:14
- 5 John Hepburn LAC M40 0:25:45
- 6 Graeme Campbell HHR M 0:25:53
- 7 Dave Weir Fife AC M40 0:26:12
- 8 Manny Gorman Westerlands M 0:26:20
- 9 Tom Smith Oban AC M 0:26:38
- 10 Alex Glasgow ObanAC M 0:27:01
- 11 Craig Mitchell LAC M 0:27:09
- 12 Jason Williamson Cosmics M 0:27:15
- 13 Peter Kennedy LAC M 0:27:36
- 14 Ruari Watt LAC M 0:27:48
- 15 Donald Paterson LAC M 0:28:00
- 16 Ken Whyte LAC M50 0:28:10
- 17 Andrew Howett Fife AC M 0:28:11
- 18 Colin Hutt Carnethy M40 0.28.32
- 19 Alan Smith Deeside M40 0:28:47
- 20 Ian Howard Farnham Tri Club M50 0:29:02
- 21 Neil Arn ott LAC M 0:29:14
- 22 Michael Bossard Oban AC M 0:29:14
- 23 Graham Munro LAC M 0:29:30
- 24 Graham Brooks LAC M50 0:29:42
- 25 Ivor Normand HBT M40 0:29:44

- 26 Dawn Scott LAC F 0:29:47
- 27 David Munro LAC M40 0:29:53
- 28 Steffen Gorgas Westerlands M 0:30:11
- 29 Graham MacNab LAC M40 0:30:15
- 30 John R Maitland LAC M40 0:30:20
- 31 Stephen Cameron UA M 0:30:22
- 32 Jeff Simpson HBT M40 0:31:02
- 33 David Duncan Ochil M50 0:31:18
- 34 David Aitken Garscube Harriers M40 0:31:30
- 35 Michael Hemm UA M 0:31:53
- 36 Ali Kennedy LAC M40 0:32:21
- 37 Wei Adams LAC M 0:32:26
- 37 Wei Adams LAC M 0:32:26
- 38 Brian Brennan Westerlands M50 0:32:40
- 39 Nicola Forster LAC F 0:32:54
- 40 Linda McEwan LAC F40 0:33:14
- 41 Gregor Muir LAC M 0:33:20
- 42 Colin Wilson Carnethy M40 0:33:28
- 43 Foss Forster LAC M 0:33:48
- 44 Jo Whitehead City E F40 0:34:11
- 45 Peter Duggan LAC M40 0:34:33
- 46 Duncan McEachan UA M 0:34:39
- 47 Bruce Poll Borrowdale M 0:34:47
- 48 Robert Phillips Perth Road Runners M 0:34:50
- 49 Willie Rennie Carnegie Harriers M 0:34:52
- 50 Colin MacTavish UA M50 0:35:02
- 51 Ian Adams LAC M40 0:35:02
- 52 Heather Akers Garscube Harriers F40 0:35:10
- 53 Finlay Dowell Irvine AC M40 0:35:19

54 Ernie Orr LAC M60 0:36:01
55 Chloe Paterson LAC F 0:36:05
56 John Dougan LAC M50 0:36:18
57 Ed Daynes LAC M 0:36:39
58 Niall MacBeath LAC M 0:37:16
59 Bill Scott LAC M40 0:37:19
60 Steve Ham LAC M 0:37:23
61 Susan Jane Ross LAC F 0:37:25
62 Lynsey Shaw LAC F 0:37:25
63 Biff Gow LAC F 0:38:07
64 Andrew Finniemore LAC M50 0:38:55
65 Eric Dodd UA M40 0:39:26
66 Stuart Ashley UA M 0:39:45
67 Pamela Thomson UA F 0:40:00
68 Siobhan Bradley LAC F 0:40:13
69 Aileen Kitson LAC F50 0:41:11
70 Morag Aitken LAC F40 0:41:17
71 Robert Strachan UA M 0:41:31
72 Donald MacIntyre UA M 0:41:59
73 Frazer Coupland LAC M40 0:42:04
74 Ellen Morrison LAC F 0:42:35
75 Jackie Hepburn LAC F40 0:42:36
76 Aileen Duncan LAC F40 0:43:50
77 Dougie Belmore Uddingston RFC M 0:43:53
78 Joan Wilson Carnethy F40 0:44:12
79 Elma Murdoch LAC F50 0:44:16
80 Duncan Strachan UA M 0:44:43
81 Judith Howard UA F50 0:45:20
82 Elvire Feeney UA F40 0:45:50

83 Donna MacDonald LAC F 0:45:57
84 Morag Arnott LAC F 0:46:16
85 Laura Young UA F 0:46:20
86 Andrew MacDonald UA M40 0:46:50
87 Andrew Kiff UA M 0:46:56
88 Joanna Hynd UA F 0:46:58
89 Karen MacInnes LAC F 0:47:03
90 Annabel Duncan UA F 0:47:52
91 Brenda Paul UA F 0:48:23
92 Ian Strachan UA M50 0:48:52
93 James Thompson UA M 0:49:51
94 Lyn Kilpatrick LAC F40 0:50:02
95 Lynn MacTavish UA F 0:53:30
96 Theresa Kennedy LAC F40 0:55:36
97 Sandra Hervo LAC F 0:56:10