



LAC Aonach Mor Uphill 2010

- 1 Ruari Watt Lochaber AC M 0:27:04
- 2 Ed Catmuir M 0:27:21
- 3 Ewan Taylor M 0:27:44
- 4 Manny Gorman Westerlands M40 0:27:54
- 5 Steven Fallon Carnethy M40 0:27:58
- 6 John Hepburn Lochaber AC M40 0:28:24
- 7 Craig Mitchell Lochaber AC M 0:29:57
- 8 Peter Kennedy Lochaber AC M 0:30:20
- 9 William Garrick M 0:30:41
- 10 Oliver Blomfield LAC M 0:30:47
- 11 Andy Dale M40 0:31:00
- 12 Fergus Lamb M 0:31:07
- 13 Graham Munro Lochaber AC M40 0:31:20
- 14 Alan Dent LAC M50 0:32:11
- 15 Jim Stalker M40 0:32:17
- 16 Joe Barnes M 0:32:30
- 17 Andrew Hunter M 0:33:03
- 18 Graham Brooks Lochaber AC M50 0:33:11
- 19 James Shirley M 0:33:14
- 20 Peter Hague Cairngorm Runners M40 0:33:32
- 21 Niall Macbeath Lochaber AC M40 0:33:32
- 22 Nicola Forster Lochaber AC F40 0:33:48
- 23 John Marsden M 0:33:59
- 24 Michael Hemm M 0:34:09
- 25 Damian Forster LAC M40 0:34:11
- 26 Ali Kennedy Lochaber AC M40 0:34:34
- 27 Amanda Blackhall Lochaber AC F 0:34:35

28 Tark Gunn Lochaber AC M 0:34:35
29 Ron Turner LAC M40 0:34:48
30 Johnny Maitland Lochaber AC M40 0:35:05
31 Trevor Shaw M40 0:35:14
32 Linda MacEwan Lochaber AC F40 0:35:18
33 Angus Bowman Beacon Runners M40 0:35:46
34 Neil Wright M 0:35:47
35 John Okane LAC M40 0:35:50
36 Mick Tighe LAC M50 0:36:11
37 Paul O'Brien Corstorphine M40 0:36:20
38 Sarah Legge Fife AC F 0:36:29
39 David Duncan Ochil HR M50 0:36:39
40 Chloe Patterson LAC F 0:36:40
41 John Anderson M40 0:36:54
42 Wei Adams LAC M 0:36:58
42 Wei Adams LAC M 0:36:58
43 Hannah Barnes LAC F 0:37:29
44 Jo Ness Lochaber AC F40 0:37:35
45 Christine Menhennet Westerlands F50 0:37:40
46 Jonathan Weir Unattached M 0:38:03
47 Gavin Murray M 0:38:16
48 Yan-Lee Adams M 0:38:17
49 Phyllis Mitchell Corstorphine F450 0:38:32
50 Colin Mactavish M50 0:38:50
51 Kevin Carple M 0:39:02
52 Kathy Tighe LAC F40 0:39:06
53 Henry Methold LAC M40 0:39:07
54 Ritchie Collins LAC M 0:39:13
55 Ernie Orr Lochaber AC M60 0:39:37

56 Susan-Jane Ross Lochaber AC F40 0:39:54
57 Lyndsey Shaw Lochaber AC F 0:40:23
58 Raymond Murdoch LAC M60 0:40:36
59 Gordon Smith LAC M60 0:40:46
60 Bill Scott LAC M50 0:41:01
61 Dave Ford LAC M60 0:41:54
62 Hugh Creed M 0:41:55
63 Julie Corner Lochaber AC F 0:42:14
64 Caroline Coyle Unattached F 0:42:32
65 Cathy Murray F40 0:43:26
66 Arlene Rowan F40 0:43:26
67 Graham Hill M 0:43:33
68 John Dougan LAC M50 0:43:34
69 Fiona Gardener F40 0:43:42
70 Paula Cowan F40 0:43:43
71 Mark Beaumont M40 0:45:05
72 Kerr Rowan M 0:45:29
73 Paul Nichols M 0:45:30
74 Aileen Kitson LAC F50 0:45:41
75 Aileen Duncan LAC F40 0:45:43
76 Dawn Scott Lochaber AC F 0:45:45
77 Jean Bowman Beacon Runners F40 0:45:46
78 Jackie Hepburn LAC F40 0:47:07
79 Ellen Morrisson LAC F40 0:47:09
80 Mo Aitken LAC F 0:47:10
81 Brenda Paul Westerlands F 0:47:24
82 Elma Murdoch LAC F50 0:48:08
83 Jenny Ford LAC F50 0:48:38
84 Nicky Murray F 0:49:17

85 Amanda Henderson F40 0:51:18

86 Gavin Rankin LAC M 0:52:42

87 Christine Dugan LAC F40 0:56:47

88 Liz Merry F40 1:00:58

89 Jens Meyer M 1:02:10

90 Oliver Meyer M 1:02:11