LAC Ben Lora 2006

Ben Lora 1 Colin Donnelly LAC MV40 27:32

2 Ruari Watt LAC M 27:35

3 John Hepburn LAC MV40 28:28

4 Tom Smith Oban AC M 28:36

5 Tim Brand Oban AC MV40 29:33

6 Paul MacLean LAC M 30:04

7 Neil Arnott LAC M 30:10

8 Michael Bossard Oban AC M 31:06

9 John Grant Oban AC M 31:07

10 Spook Munro LAC MV40 31:11

11 Andy Dale U/A M 31:54

12 Niall MacBeath LAC M 32:38

13 Dawn Scott LAC F 32:50

14 Keith Blackhall LAC M 33:00

15 Ken Whyte LAC MV50 33:05

16 Graham MacNab LAC MV40 34:06

17 Ronnie Turner LAC MV40 35:05

18 Peter Duggan LAC MV40 35:12

19 Nicola Meekin Oban AC F 35:21

20 Ali Kennedy LAC MV40 35:37

21 Roger Boswell U/A MV50 35:45

22 Alistair Hall Oban AC MV40 36:09

23 Gary Davidson LAC M 36:37

24 Jock MacGillivray LAC MV40 36:44

25 Linda MacEwan LAC FV40 37:00

26 Amanda Blackhall LAC F 37:06

27 Ian Adams LAC MV40 37:27

28 Ernie Orr LAC MV60 37:55

29 Lyndsey Shaw LAC F 38:02

30 John Dougan LAC MV50 38:05

31 Nix Forster LAC F 39:02

32 Christine Menhennet Westerlands FV40 39:12

33 Biff Gow LAC F 40:04

34 Dave Bleazard Oban AC MV40 40:18

35 Emma Pearce LAC FV40 41:43

36 Robert Cant LAC MV50 42:08

37 Jo Ness LAC FV40 42:36

38 Siobhan Bradley U/A F 43:37

39 Fiona O'Donnell LAC FV40 43:38

40 Ellen Morrison LAC F 44:37

41 Gail Ashton Oban AC F 44:49

41 Gail Ashton Oban AC F 44:49

42 Claire Treasurer LAC F 45:01

43 Bill Scott LAC MV40 45:38

44 Aileen Kitson LAC FV50 45:57

45 Clare Rumgay LAC F 49:09

46 Lynne Donoghue LAC F 50:01

47 Morag Arnott LAC F 50:21

48 Elvire Feeney U/A FV40 58:32

49 Sandra Hervo LAC F 1:00:14

50 Teresa Kennedy LAC FV40 1:02:15