



## LAC Ben Lora 2009

- 1 Alex Johnson Highland HH m 27.35
- 2 Manny Gorman Westies MV40 27.43
- 3 Alan Smith Deeside MV40 29.14
- 4 Steven Fallon Carnethy MV40 29.24
- 5 John Hepburn LAC MV40 29.32
- 6 Ben wallace LAC M 29.44
- 7 Tim Brand LAC MV40 30.15
- 8 Mike Bossard LAC M 31.05
- 9 John Binnie LAC MV40 31.07
- 10 Richard Shaw LAC MV40 31.11
- 11 Nicola Meekin LAC F 31.19 (Record)
- 12 Matt Macdonald LAC M 32.04
- 13 Ali Kennedy LAC MV40 32.09
- 14 Gordon Pryde Lomond MV50 32.45
- 15 Alan Dent LAC MV50 32.56
- 16 Lourie Anderson Fife MV50 33.08
- 17 Tom Wilding MV40 33.28
- 18 Luis Molero LAC M 33.36
- 19 Dave Macdonald LAC M 33.42
- 20 Damian Forster LAC MV40 33.44
- 21 Greg Wallace M 33.45
- 22 Keri Page LAC F 34.06
- 23 Graham Brooks LAC FV50 34.13
- 24 Alan Hunter Ochil MV40 34.17
- 25 Ronnie Turner LAC MV40 34.20
- 26 Iain Macdonald LAC FV40 34.49
- 27 Graham Macnab LAC FV40 34.53

28 Davey Duncan Ochil MV50 34.58  
29 Brian Brennan Westies MV40 35.11  
30 Nix Forster LAC FV40 36.28  
31 Jonathan Weir M 36.34  
32 John Banks LAC MV60 36.35  
33 Buchan Smith M 36.49  
34 Ian Henderson LAC M 36.58  
35 Steven Teap M 37.03  
36 Linda MacEwen LAC FV40 37.30  
37 Mike Tighe LAC MV50 37.46  
38 Ken Rungay LAC MV40 37.51  
39 Ernie Orr LAC MV65 38.30  
40 Trevor Shaw MV40 38.45  
40 Trevor Shaw MV40 38.45  
41 Nick Charlton MV40 38.51  
42 Chris Davidson M 38.56  
43 Bruce Davey LAC FV40 39.01  
44 Lizzy Rose Cruachan F 39.31  
45 Martin Bonnar J16 40.15  
46 John Georgeson J16 40.20  
47 Sharyn Morgan LAC F 40.30  
48 Nancy Kennedy LAC FV50 40.34  
49 David Ferguson M 41.03  
50 Katherine MacKinnon Oban F 41.18  
51 Robert Dairon Oban MV40 41.34  
52 Craig Forsythe M 41.46  
53 Kathy Tighe LAC FV40 42.10  
54 Arlene Rowan LAC F 42.15  
55 Leigh Murray FV40 42.27

- 56 Tilly Smith Deeside FV50 43.07  
57 Jim Hamilton LAC FV40 43.12  
58 John Dougan LAC MV50 43.15  
59 Andrew Finnimore LAC FV50 43.16  
60 Susan Jane Ross LAC FV40 43.56  
61 Bill Scott LAC MV50 44.32  
62 Andrew Macfarlane M 45.31  
63 Aileen Kitson LAC FV50 47.31  
64 Brenda Paul Westies F 48.01  
65 Teresa Mackay LAC FV40 49.16  
66 Elma Murdoch LAC FV50 50.13  
67 Gavin Rankin LAC M 50.24  
68 Jenny Ford LAC FV50 50.36  
69 Merieke Stuben F 53.43  
70 Chris Suckle M 54.59  
71 Chistine Dougan LAC FV40 58.06