



LAC Canal Bank 2010

- 1 Alan Ross 24:20 M - Unatt
- 2 John Binnie 24:23 MV40 -LAC
- 3 Mark Shaw 25:13 MV40 -LAC
- 4 Nicola Meekin 25:23 F - LAC
- 5 Oliver Blomfield 25:47 M - LAC
- 6 Ryan Stewart 26:09 M - LAC
- 7 Alan Smith 26:25 MV50 - Deeside
- 8 John Grant (Oban) 26:41 M - LAC
- 9 Andy Craig 26:50 MV40 -LAC
- 10 Niall MacBeath 27:03 MV40 - LAC
- 11 Pele Munro 27:06 MV40 - LAC
- 12 Owen Bass 27:16 MV40 - Deeside
- 13 Ali Kennedy 27:20 MV40 - LAC
- 14 Paul MacLean 27:43 M - LAC
- 15 Tark Gunn 27:44 M - LAC
- 16 Ronnie Turner 27:45 MV40 - LAC
- 17 Donald Paterson 27:52 M - LAC
- 18 Bruce Davie 28:04 MV40 - LAC
- 19 Graham MacNab 28:32 MV40 - LAC
- 20 Bert Bindels 28:37 MV60 - LAC
- 21 Sarah Byrne 28:54 F - LAC
- 22 David Duncan 29:10 MV50 -LAC
- 23 Andrew Cameron 29:17 MV40 -LAC
- 24 Damien Forster 29:21 MV40 - LAC
- 25 Geoff Skrone 29.36 Unattached – MV40
- 26 Dave Tomlinson 29:41 MV60 - LAC
- 27 Nix Forster 29:44 FV40 - LAC

28 Scott Langan 29:58 M – LAC, U 23
29 Eric Gillies 29:59 MV40 -LAC
30 Lyndsay Shaw 30.07 F - LAC
31 Colin Denny 30:15 MV40 - LAC
32 Brian Campbell 30:18 MV40 - LAC
33 Manny Gorman(Maisie) 30:29 MV40 - Westies
34 Wilma Moynihan 31:09 FV40 - LAC
35 Richie Collins 31:22 MV40 - LAC
36 Elaine Liddle 31:32 F – Jog Scotland
37 Susan-Jane Ross 31:45 FV40 - LAC
38 Bill Scott 31:55 MV50 - LAC
39 Teresa McKay 32:12 FV40 - LAC
40 Mick Tighe 32:14 MV60 - LAC
41 Emma Pearce 32:21 FV40 - LAC
42 John Hynd 32:25 MV50 -LAC
42 John Hynd 32:25 MV50 -LAC
43 Ursula Bass 32:33 FV40 - Deeside
44 John Banks 32:38 MV60 - LAC
45 Jo Ness 32:55 FV40- LAC
46 Andrew Finniemore 32:57 MV50 - LAC
47 John O’Niall 32:59 MV40 - LAC
48 John Grant (Fort Will) 33:00 MV40 - LAC
49 Ernie Orr 33:20 MV60 -LAC
50 John Dougan 33:40 MV50 - LAC
51 Caroline Cassidy 33:47 F - LAC
52 Kirsty Ross 33:50 F - LAC
53 Biff Gow 33:58 FV40 - LAC
54 Dougie Gibson 34:09 MV40 - LAC
55 David Ford 34:38 MV60 - LAC

- 56 Karen Gibson 34:40 FV40 - LAC
- 57 Kathy Tighe 35:55 FV40 - LAC
- 58 Suzanne Duncan 36:14 FV40 – Jog Scotland
- 59 Margaret Rose MacPhee 36:46 FV40 - LAC
- 60 Joanna Hynd 36:46 FV40 - LAC
- 61 Elma Murdoch 36:51 FV60 - LAC
- 62 Gavin Rankin 38:30 MU23 -LAC
- 63 Pamela Hamilton 38:49 FV40 -LAC
- 64 Brenda Paul 39:13 F - Westies
- 65 Christine Dougan 39:29 FV40 - LAC
- 66 Elvire Feeney 40:56 FV40 - LAC
- 67 June Watt 41:55 FV40 - LAC
- 68 Teresa Kennedy 47:33 FV40 - LAC
- 69 Dawn Main-Fraser 47:33 MV40 –Jog Scotland
- 70 Wendy Lev 47:33 F- Jog Scotland
- 71 Sandra MacDonald 47:33 F – Jog Scotland