



LAC Cow hill 2007

- 1 Colin Donnelly LAC MV40 18:30
- 2 Davy Rodgers LAC MV40 19:01
- 3 Ruari Watt LAC M 19:23
- 4 Alan Smith Deeside MV40 20:08
- 5 Mervyn Keys Rossendale M 20:24
- 6 Mike Bossard Oban AC M 20:57
- 7 Niall MacBeath LAC M 21:47
- 8 Peter Ward LAC M 21:58
- 9 William Boa LAC M 22:41
- 10 Tarquin Gunn LAC M 22:44
- 11 Dawn Scott LAC F 22:45
- 12 Keith Blackhall LAC M 22:56
- 13 Ken Whyte LAC MV50 23:15
- 14 David Duncan Ochils MV50 23:25
- 15 John Grant Oban AC M 23:26
- 16 John R. Maitland LAC MV40 23:27
- 17 Ali Kennedy LAC MV40 23:29
- 18 Niall Clark LAC M 23:43
- 19 Nicola Meekin Oban AC F 24:34
- 20 Dirk Verbiest Keith & District MV40 24:44
- 21 Lyndsey Shaw LAC F 25:31
- 22 Colin Wilson Carnethy MV40 25:41
- 23 Amanda Blackhall LAC F 25:46
- 24 Ian Adams LAC MV40 25:47
- 25 Andrew Finnimore LAC MV50 26:28
- 26 Nix Forster LAC FV40 26:32
- 27 Gordon Smith LAC MV50 26:36

- 28 Raymond Murdoch LAC MV50 26:55
- 29 Ernie Orr LAC MV60 27:27
- 30 Sarah Mackenzie LAC F(u20) 27:31
- 31 Linda MacEwan LAC FV40 27:39
- 32 Michael Milmoie Forres Harriers MV50 28:17
- 33 Elizabeth Gow LAC F 28:21
- 34 Tilly Smith Deeside FV40 28:39
- 35 Joan Wilson Carnethy FV40 28:55
- 36 Bill Scott LAC MV40 29:51
- 37 Emma Pearce LAC FV40 30:44
- 38 Sharyn Morgan LAC F 31:14
- 39 Tony Stapley Portobello MV60 32:15
- 40 Siobhan Bradley LAC F 32:17
- 41 Nancy Kennedy LAC FV40 32:27
- 42 Brenda Paul Unattached F 34:15
- 43 Manny Gorman Westies M 34:15
- 44 Teresa Mackay LAC FV40 34:37
- 45 Elma Murdoch LAC FV50 35:00
- 46 Lyn Kilpatrick LAC FV40 36:33
- 47 June Watt LAC FV40 37:51
- 48 Sharon Smith LAC F 40:33
- 49 Teresa Kennedy LAC FV40 42:34
- 50 Norbert Simeth Unattached MV60 DNF