



LAC Cow hill 2011

Provisional Results for All Competitors in finish order.

Cow Hill, Monday 4 July 2011. 7:00 pm

- 1 0:18:41 DEVENPORT, Peter Bellahouston Road Runners 79 1
- 2 0:19:01 SMITH, Tom Lochaber Athletic Club 311 2
- 3 0:19:55 MITCHELL, Craig Shettleston 32 3
- 4 0:20:35 FORBES, Craig Lochaber Athletic Club 183 4
- 5 0:21:18 MACDONALD, Steve Lochaber Athletic Club 35 5
- 6 0:21:20 BINNIE, John Lochaber Athletic Club male vet 40-49 316 6
- 7 0:21:27 THOMSON, Ben Lochaber Athletic Club 86 7
- 8 0:21:30 BASS, Owen Deeside runners male vet 40-49 72 8
- 9 0:21:55 BOSSARD, Michael Lochaber Athletic Club 331 9
- 10 0:21:58 SMITH, Alan Deeside runners male vet 50-59 18 10
- 11 0:22:04 SHAW, Richard Lochaber Athletic Club male vet 40-49 324 11
- 12 0:22:13 KENNEDY, Ali Lochaber Athletic Club male vet 50-59 27 12
- 13 0:22:17 MACDONALD, Matthew Lochaber Athletic Club 326 13
- 14 0:22:30 MCALLASTER, Kevin Lochaber Athletic Club male vet 40-49 300 14
- 15 0:22:41 ANDREW, Michael male vet 40-49 303 15
- 16 0:23:17 BLACKHALL, Keith Lochaber Athletic Club male vet 40-49 244 16
- 17 0:23:27 DODMAN, Ben Lochaber Athletic Club 302 17
- 18 0:23:32 MUNRO, David Lochaber Athletic Club male vet 40-49 83 18
- 19 0:23:58 SCOTT, Dawn Lochaber Athletic Club 118 19
- 20 0:24:58 FORSTER, Damien Lochaber Athletic Club male vet 40-49 82 20
- 21 0:25:06 BLACKHALL, Amanda Lochaber Athletic Club Female Vet 40-49 243 21
- 22 0:25:07 SHAW, Lyndsey Lochaber Athletic Club 114 22
- 23 0:25:34 LAMONT, Alan 284 23
- 24 0:25:42 MACKENZIE, Sarah Lochaber Athletic Club 58 24
- 25 0:25:57 FORSTER, Nix Lochaber Athletic Club Female Vet 40-49 112 25

26 0:25:58 LANGAN, Scott Lochaber Athletic Club 67 26
27 0:26:02 KELSALL, Fiona Ochil Hill Runners Female Vet 40-49 15 27
28 0:26:33 METHOLD, Henry Lochaber Athletic Club male vet 40-49 201 28
29 0:26:49 CORNER, Julie Lochaber Athletic Club 92 29
30 0:27:14 MORGAN, Sharyn Lochaber Athletic Club 56 30
31 0:27:14 PRINS, Lucy Lochaber Athletic Club Female Vet 40-49 329 31
32 0:27:15 PATERSON, Chloe Lochaber Athletic Club 297 32
33 0:27:25 DUNCAN, David Ochil Hill Runners male vet 50-59 20 33
34 0:27:29 ROSS, Susan Jane Lochaber Athletic Club Female Vet 40-49 49 34
35 0:28:09 SMITH, Tilly Deeside runners Female Vet 50-59 19 35
36 0:28:26 HAMILTON, Jim Lochaber Athletic Club male vet 40-49 117 36
37 0:28:29 BASS, Ursula Deeside runners Female Vet 40-49 78 37
38 0:28:33 PEARCE, Emma Lochaber Athletic Club Female Vet 40-49 103 38
39 0:28:34 TOMLINSON, David Lochaber Athletic Club Male Vet 60+ 39 39
40 0:29:29 BARBOUR, Laura Lochaber Athletic Club 299 40
41 0:30:20 WONNACOTT, Geoff Male Vet 60+ 283 41
42 0:30:25 KENNEDY, Nancy Lochaber Athletic Club Female Vet 50-59 286 42
43 0:30:36 SHAW, Chris havoc Male Vet 60+ 276 43
44 0:31:15 JARDINE, Jimmy Lochaber Athletic Club Male Vet 60+ 64 44
45 0:31:54 KIRKDALE, Brian Hastings Road Runners male vet 50-59 2 45
46 0:32:13 MACINNES, Karin Female Vet 40-49 267 46
47 0:33:13 STAPLEY, Tony Portobello Male Vet 60+ 169 47
48 0:34:27 MACPHEE, Margaret Rose Lochaber Athletic Club Female Vet 40-49 62 48
49 0:34:55 PHENIX, Laurie Female Vet 50-59 294 49
50 0:37:29 PHENIX, Steve male vet 50-59 295 50