



LAC Results for Glenachulish 2005

1	John Hepburn	LAC	MV40	33:31
2	Tim Brand	Oban AC	MV40	34:35
3	Peter Kennedy	LAC	M	34:54
4	Sam Wilson	Oban AC	M	36:17
5	John Grant	Oban AC	M	36:37
6	Ken Rungay	LAC	MV40	36:40
7	Neil Arnott	LAC	M	36:47
8	Niall MacBeath	LAC	M	38:25
9	Keith Blackhall	LAC	M	38:40
10	Graham MacNab	LAC	MV40	38:47
11	Dawn Scott	LAC	F	38:55
12	Ken Whyte	LAC	MV50	39:04
13	Alan Ross	LAC	M	39:14
14	Spook Munro	LAC	MV40	39:15
15	Stuart Gray	LAC	MV40	40:26
16	Ronnie Turner	LAC	MV40	41:28
17	Roger Boswell	ua	MV50	42:19
18	Ernie Orr	LAC	MV60	42:51
19	Peter Duggan	LAC	MV40	43:25
20	Lyndsey Shaw	LAC	F	43:47
21	Jim Stewart	LAC	MV50	43:52
22	Nicky Sharratt	LAC	F	44:00
23	John O'Neill	LAC	MV40	44:22
24	Raymond Murdoch	LAC	MV50	44:33
25	Nix Forster	LAC	F	45:23
26	Biff Gow	LAC	F	45:28
27	John Dougan	LAC	MV50	46:25
28	Susan Jane Ross	LAC	F	46:52
29	Ed Daynes	LAC	M	47:02
30	Jo Ness	LAC	FV40	48:52
31	Aileen Duncan	LAC	F	49:23
32	Claire Treasurer	LAC	F	49:30
33	Ellen Morrison	LAC	F	49:35
34	Kate Gray	LAC	FV40	51:26
35	Morag Aitken	LAC	FV40	51:49
36	Clare Rungay	LAC	F	51:55
37	Fiona O'Donnell	ua	FV40	52:20
38	Jenny Ford	LAC	FV50	55:55
39	Sue Fyfe	ua	FV40	57:30
40	Elma Murdoch	LAC	FV50	58:00
41	Christine Dougan	LAC	FV40	59:01
42	Siobhan Bradley	ua	F	1:00:06
UNDER 17				
1	Andrew Brennan	LAC	M(u17)	31:54