



LAC Half Ben 2006

- 1 Alan Smith Deeside Runners MV40 59:20
- 2 Stuart Simpson Ochil Hill Runners M 59:52
- 3 Tom Smith Oban AC M 1:02:23
- 4 Ken Rungay Lochaber AC MV40 1:02:26
- 5 Jason Williamson Cosmic Hill Bashers M 1:03:49
- 6 John R. Maitland Lochaber AC MV40 1:03:05
- 7 David Munro Lochaber AC MV40 1:04:29
- 8 Andrew Craig Lochaber AC MV40 1:04:31
- 9 Paul MacLean Lochaber AC M 1:04:33
- 10 Patrick Wooddisse Thames Valley M 1:05:01
- 11 Craig Mitchell London Heathside M 1:05:12
- 12 William Boa Lochaber AC M 1:05:22
- 13 Niall MacBeath Lochaber AC M 1:06:05
- 14 Ian Smith Lochaber AC M 1:06:26
- 15 Keith Robertson Cosmic Hill Bashers MV40 1:07:18
- 16 Keith Blackhall Lochaber AC M 1:07:49
- 17 Frank Popham Fife M 1:08:38
- 18 Stuart Gray Lochaber AC MV40 1:08:51
- 19 Damien Forster Lochaber AC M 1:09:32
- 20 Dirk Verbiest Keith & District MV40 1:10:36
- 21 Gary Davidson Lochaber AC M 1:10:57
- 22 Robert Holding Skye Bandits MV40 1:10:58
- 23 Tommy Begley Irvine AC M 1:13:07
- 24 Amanda Blackhall Lochaber AC F 1:13:23
- 25 Martin MacLean Highland Hill Runners MV40 1:14:09
- 26 Stewart Wilson U/A M 1:14:17
- 27 Dougie Sheill Carnethy MV40 1:14:23

28 Ruth MacKenzie Deeside Runners FV40 1:14:29
29 Roger Boswell U/A MV50 1:14:48
30 Hugh Buchanan Central AC MV40 1:15:14
31 Matthew MacDonald Lochaber AC M 1:16:38
32 Raymond Murdoch Lochaber AC MV50 1:16:42
33 Mark Hazell Skye Bandits MV40 1:17:15
34 Jessica Wooddisse Cheltenham F 1:18:41
35 Jimmy Stewart Lochaber AC MV50 1:19:03
36 Ernie Orr Lochaber AC MV60 1:21:54
37 Andrew Finniemore Lochaber AC MV50 1:22:02
38 Nix Forster Lochaber AC F 1:22:08
39 Linda MacEwan Lochaber AC FV40 1:22:14
40 Andrina Buchanan Central AC FV40 1:22:36
41 Ed Daynes Lochaber AC M 1:24:25
41 Ed Daynes Lochaber AC M 1:24:25
42 Susan Jane Ross Lochaber AC F 1:25:48
43 Sarah MacKenzie Lochaber AC F 1:26:06
44 Jimmy Jardine Lochaber AC MV60 1:26:45
45 Ellen Morrison Lochaber AC F 1:28:01
46 Ian Adams Lochaber AC MV40 1:30:33
47 Aileen Kitson Lochaber AC FV50 1:31:03
48 Joanna Schreiber Pudsey & Bramley FV40 1:32:51
49 Lynne Bennet Carnegie Harriers F 1:35:49
50 Lynne Donoghue U/A F 1:40:28
51 Claire Treasurer Lochaber AC F 1:41:21
52 Iain Fullarton U/A MV50 1:47:55
53 Mairi Ferguson Lochaber AC FV40 1:49:32
54 Donna MacDonald Lochaber AC F 1:50:54
55 June Watt Lochaber AC FV40 1:51:34

56 Nicola May Carnegie Harriers F 1:53:35