



LAC Half Ben 2008

- 1 RIDDLE, Kenny Highland Hill Runners Male vet 40 0:57:02
- 2 MITCHELL, Craig Lochaber Athletic Club 0:58:45
- 3 GORMAN, Manny Westerlands Cross Country Club Male vet 40 0:59:53
- 4 SMITH, Tom Lochaber Athletic Club 1:00:56
- 5 BANNERMAN, Ross Highland Hill Runners 1:02:09
- 6 SMITH, Alan Deeside runners Male vet 40 1:02:38
- 7 GALLIE, David Inverness Harriers Male vet 40 1:02:47
- 8 KENNEDY, Peter Lochaber Athletic Club 1:03:03
- 9 HEPBURN, John Lochaber Athletic Club Male vet 40 1:03:20
- 10 MACBEATH, Niall Lochaber Athletic Club Male vet 40 1:04:31
- 11 CLARK, Niall Lochaber Athletic Club 1:04:55
- 12 SHAW, Richard Lochaber Athletic Club Male vet 40 1:05:09
- 13 KENNEDY, Ali Lochaber Athletic Club Male vet 40 1:05:14
- 14 STEWART, John Lochaber Athletic Club Male vet 40 1:05:37
- 15 BENNET, Sandy Carnegie Harriers Male vet 40 1:06:07
- 16 WORSLEY, Steven Highland Hill Runners Male vet 40 1:07:23
- 17 BOA, Willie Lochaber Athletic Club 1:07:28
- 18 MCKENDRICK, Scott Westerlands Cross Country Club 1:08:50
- 19 GORGAS, Steffen Westerlands Cross Country Club Male vet 40 1:09:11
- 20 BROOKS, Graham Lochaber Athletic Club Male vet 50 1:09:17
- 21 EVANS, Donald 1:09:22
- 22 MEEKIN, Nicola Lochaber Athletic Club 1:09:25
- 23 DELANEY, Kevin Skye & Lochalsh Male vet 40 1:10:07
- 24 BLACKHALL, Keith Lochaber Athletic Club 1:10:16
- 25 BEAGRIE, Joe Lochaber Athletic Club Male vet 40 1:11:08
- 26 VERBIEST, Dirk Keith & District Male vet 50 1:11:53
- 27 WILSON, Stewart Inverness Harriers Male vet 40 1:12:49

- 28 BLACKHALL, Amanda Lochaber Athletic Club 1:12:53
- 29 DUNCAN, David Ochil Hill Runners Male vet 50 1:13:58
- 30 MACDONALD, Matthew Lochaber Athletic Club 1:14:30
- 31 DENNY, Colin Lochaber Athletic Club Male vet 40 1:14:44
- 32 TREASURER, Jim Lochaber Athletic Club Male vet 50 1:16:17
- 33 BANNERMAN, Roxy Highland Hill Runners 1:17:16
- 34 MACMILLAN, Susannah 1:17:45
- 35 MACKENZIE, Sarah Lochaber Athletic Club 1:18:25
- 36 ADAMS, Ian Lochaber Athletic Club Male vet 50 1:19:45
- 37 ORR, Ernie Lochaber Athletic Club Male vet 60 1:20:41
- 38 BLAKEMORE, Ian Eryri Harriers Male vet 50 1:21:30
- 39 CAMPBELL, Ewen Lochaber Athletic Club 1:22:13
- 39 CAMPBELL, Ewen Lochaber Athletic Club 1:22:13
- 40 BINDELS, Bert Lochaber Athletic Club Male vet 50 1:22:18
- 41 WILSON, Colin Carnethy Hill Runners Male vet 40 1:24:11
- 42 PEARCE, Emma Lochaber Athletic Club Female vet 40 1:24:19
- 43 MACDONALD, Nicky Lochaber Athletic Club 1:24:49
- 44 SCOTT, Bill Lochaber Athletic Club Male vet 50 1:25:40
- 45 MACGILLIVRAY, Andrew Bridport Runners 1:26:31
- 46 WILSON, Joan Carnethy Hill Runners Female vet 40 1:26:57
- 47 SHAW, Mark Lochaber Athletic Club Male vet 40 1:29:06
- 48 KENNEDY, Nancy Lochaber Athletic Club Female vet 50 1:29:13
- 49 ROSS, Susan Jane Lochaber Athletic Club Female vet 40 1:29:20
- 50 STAPLEY, Tony Portobello Running Club Male vet 60 1:29:34
- 51 EVANS, Ros Female vet 50 1:30:25
- 52 MORRISON, Michael Lochaber Athletic Club Male vet 40 1:30:59
- 53 AITKEN, Morag Lochaber Athletic Club Female vet 40 1:32:29
- 54 NESS, Jo Lochaber Athletic Club Female vet 40 1:33:03
- 55 KITSON, Aileen Lochaber Athletic Club Female vet 50 1:36:51

- 56 GRANT, John Lochaber Athletic Club Male vet 40 1:38:21
- 57 JARDINE, Jimmy Lochaber Athletic Club Male vet 60 1:38:38
- 58 DUNCAN, Aileen Lochaber Athletic Club Female vet 40 1:38:43
- 59 MORGAN, Sharyn Lochaber Athletic Club 1:38:55
- 60 FULLARTON, Iain Male vet 60 1:39:34
- 61 PAUL, Brenda Westerlands Cross Country Club 1:39:56
- 62 MCWHINNIE, Janet Carnethy Hill Runners Female vet 40 1:44:14
- 63 MURDOCH, Elma Lochaber Athletic Club Female vet 50 1:45:58
- 64 MACPHEE, Margaret Rose Lochaber Athletic Club Female vet 40 1:48:22
- 65 CRIBBES, Stuart Male vet 40 1:48:36
- 66 JACKSON, Jenna Jog Scotland 1:48:37
- 67 MACLEOD, Clare Lochaber Athletic Club 1:48:55
- 68 KENNEDY, Teresa Lochaber Athletic Club Female vet 40 1:49:03
- 69 WATT, June Lochaber Athletic Club Female vet 40 1:56:00
- 70 HAMILTON, Ian Beith Harriers Male vet 60 2:15:38