



LAC Half Ben 2010

- 1 MITCHELL, Craig Lochaber AC Male Vet 35-39 0:58:26
- 2 EISER, Dave Ochil Hill Runners 0:59:06
- 3 POLL, Bruce Lochaber AC Male Vet 35-39 0:59:25
- 4 BANNERMAN, Ross Highland Hill Runners Male Vet 35-39 0:59:40
- 5 SMITH, Alan Deeside Male Vet 50-59 1:00:18
- 6 GALLIE, David Inverness Harriers Male Vet 40-49 1:02:17
- 7 PATERSON, Donald Lochaber AC Male Vet 35-39 1:02:30
- 8 CAIRNS, George Lochaber AC Male Vet 40-49 1:02:44
- 9 BINNIE, JOHN Lochaber AC Male Vet 40-49 1:03:50
- 10 BLOMFIELD, OLIVER Lochaber AC Male Vet 35-39 1:05:28
- 11 MEEKIN, Nicola Oban AC 1:06:01
- 12 MACDONALD, Gary Lochaber AC 1:06:24
- 13 BELL, Michael Lochaber AC Male Vet 40-49 1:06:25
- 14 FORSTER, Damian Lochaber AC Male Vet 40-49 1:06:36
- 15 MACDONALD, David Lochaber AC 1:07:18
- 16 KENNEDY, ALI Lochaber AC Male Vet 40-49 1:07:29
- 17 MACDONALD, Douglas Highland Hill Runners Male Vet 35-39 1:08:37
- 18 BLACKHALL, Keith Lochaber AC Male Vet 40-49 1:08:42
- 19 BASS, Owen Deeside Male Vet 40-49 1:08:56
- 20 STEWART, John Lochaber AC Male Vet 40-49 1:09:11
- 21 LAMB, Fergus 1:09:19
- 22 BLACKHALL, Amanda Lochaber AC Female Vet 35-39 1:09:28
- 23 FORBES, Craig Lochaber AC 1:10:02
- 24 TURNER, Ronnie Lochaber AC Male Vet 40-49 1:10:28
- 25 SHAW, Lyndsey Lochaber AC 1:10:48
- 26 GORGOS, Steffen Male Vet 40-49 1:10:58
- 27 CAMPBELL, Graeme Inverness Harriers Male Vet 40-49 1:11:07

28 BEAGRIE, JOE Lochaber AC Male Vet 40-49 1:11:10
29 FORREST, Stuart Highland Hill Runners 1:11:58
30 HAGUE, Peter Cairngorm Runners Male Vet 40-49 1:13:10
31 MAITLAND JNR, John Lochaber AC Male Vet 40-49 1:14:10
32 DUNCAN, David Ochil Hill Runners Male Vet 50-59 1:14:31
33 FITZPATRICK, Pat Ochil Hill Runners Male Vet 50-59 1:14:49
34 BANNERMAN, Roxy Highland Hill Runners 1:15:04
35 GRAHAM, Martin Lochaber AC Junior Man 1:15:15
36 ADAMS, IAN Lochaber AC Male Vet 50-59 1:15:33
37 BRENNAN, Brian Westerlands Male Vet 50-59 1:16:24
38 CAMPBELL, Brian Lochaber AC Male Vet 50-59 1:16:43
39 FORSTER, Nicola Lochaber AC Female Vet 40- 49 1:16:48
39 FORSTER, Nicola Lochaber AC 49 1:16:48
40 PATERSON, Chloe Lochaber AC Female Vet 35-39 1:16:56
41 MURDOCH, Raymond Lochaber AC Male Vet 60-69 1:16:58
42 WEIR, Jonathan 1:17:29
43 SCOTT, Dawn Lochaber AC Female Vet 35- 39 1:21:10
44 GRAHAM, Lieigh 1:21:55
45 STEWART, Jim Lochaber AC Male Vet 60-69 1:22:48
46 ROSS, Susan Jane Lochaber AC Female Vet 40-49 1:22:52
47 WILSON, Alan Male Vet 40-49 1:23:35
48 MORGAN, Sharyn Lochaber AC Female Vet 35-39 1:24:49
49 DAYNES, Ed Lochaber AC Male Vet 40-49 1:24:49
50 SMITH, Tilly Deeside Female Vet 50-59 1:25:30
51 CAMERON, Andrew Jog Scotland Male Vet 40-49 1:25:34
52 MILMOE, Mike Forres Harriers Male Vet 50-59 1:27:14
53 ORR, Ernie Lochaber AC Male Vet 60-69 1:29:17
54 MACDONALD, Fiona Skye & Lochalsh RC Female Vet 40-49 1:29:28
55 HAMILTON, JAMES Lochaber AC Male Vet 40-49 1:29:49

- 56 MACDOUGALL, Donald Jog Scotland 1:30:33
- 57 TIGHE, KATHARINE Lochaber AC Female Vet 40-49 1:30:41
- 58 MUNRO, David Lochaber AC Male Vet 40-49 1:30:55
- 59 DOWNEY, Colin Mercia Fell Runners Male Vet 50-59 1:31:09
- 60 MARTIN, Ron Ochil Hill Runners Male Vet 40-49 1:31:13
- 61 MACINNES, Karen Lochaber AC Female Vet 40-49 1:32:51
- 62 MORRISON, Mike Lochaber AC Male Vet 40-49 1:34:27
- 63 JARDINE, Jimmy Lochaber AC Male Vet 70+ 1:35:17
- 64 GARDNER, Fiona Lochaber AC Female Vet 40-49 1:36:42
- 65 LANGAN, Scott Lochaber AC 1:37:04
- 66 KIRKDALE, Brian Hastings Road Runners Male Vet 50-59 1:39:22
- 67 BASS, Ursula Deeside Female Vet 40-49 1:39:35
- 68 KITSON, Aileen Lochaber AC Female Vet 50-59 1:41:51
- 69 FULLARTON, Iain Male Vet 60-69 1:43:21
- 70 CORNER, Julie Lochaber AC Female Vet 35-39 1:47:33
- 71 SHAW, Suzanne Kirkintilloch Olympians 1:47:33
- 72 GASTON, Paul Hastings Male Vet 60-69 1:48:20