



## LAC Half Ben 2011

- 1 0:56:51 RODGERS, David Lochaber Athletic Club Male Vet40-49 260 1
- 2 0:58:12 EISER, Dave Ochil Hill Runners 227 2
- 3 0:58:39 DEVENPORT, Peter Bellahouston Road Runners 79 3
- 4 0:59:46 MITCHELL, Craig Shettleston 32 4
- 5 1:02:23 SMITH, Alan Deeside runners Male Vet 50-59 18 5
- 6 1:03:18 POLL, Bruce Lochaber Athletic Club Male Vet40-49 37 6
- 7 1:03:55 FORBES, Craig Lochaber Athletic Club 183 7
- 8 1:05:06 CROWE, Des Shettleston Male Vet 50-59 163 8
- 9 1:05:07 BINNIE, John Lochaber Athletic Club Male Vet40-49 45 9
- 10 1:05:38 GALLIE, David Inverness Harriers Male Vet40-49 203 10
- 11 1:06:01 SHAW, Richard Lochaber Athletic Club Male Vet40-49 113 11
- 12 1:06:08 THOMSON, Ben Lochaber Athletic Club 86 12
- 13 1:06:15 KENNEDY, Ali Lochaber Athletic Club Male Vet 50-59 27 13
- 14 1:06:22 BASS, Owen Deeside runners Male Vet40-49 72 14
- 15 1:08:39 PATERSON, Donald Lochaber Athletic Club 193 15
- 16 1:10:17 ROBERTS, Richard Fell Runners Associaton Male Vet40-49 136 16
- 17 1:11:00 MACDONALD, Steve Lochaber Athletic Club 35 17
- 18 1:11:06 MACDONALD, Matthew Lochaber Athletic Club 105 18
- 19 1:11:41 MUNRO, David Lochaber Athletic Club Male Vet40-49 83 19
- 20 1:12:15 SCOTT, Dawn Lochaber Athletic Club 118 20
- 21 1:12:26 POPPLE, Steve Highland Hill Runners Male Vet40-49 161 21
- 22 1:12:52 BLACKHALL, Keith Lochaber Athletic Club Male Vet40-49 244 22
- 23 1:13:06 HUNTER, Alan Ochil Hill Runners Male Vet40-49 154 23
- 24 1:13:22 FORSTER, Damien Lochaber Athletic Club Male Vet40-49 82 24
- 25 1:13:39 BLACKHALL, Amanda Lochaber Athletic Club Female vet 40-49 243 25
- 26 1:15:00 GAY, Jon Lochaber Athletic Club 212 26
- 27 1:15:45 DENNY, Colin Lochaber Athletic Club Male Vet40-49 237 27

28 1:15:46 MATTEWSON, Alastair Highland Hill Runners Male Vet40-49 191 28  
29 1:15:58 SHAW, Lyndsey Lochaber Athletic Club 114 29  
30 1:17:05 MCGILL, Ailson Fife AC 150 30  
31 1:17:18 MACPHEE, Ewen 194 31  
32 1:17:27 RITCHIE, Hilary Fife AC Female vet 40-49 128 32  
33 1:18:02 FORSTER, Nix Lochaber Athletic Club Female vet 40-49 112 33  
34 1:18:32 KELSALL, Fiona Ochil Hill Runners Female vet 40-49 15 34  
35 1:18:34 PREISS, Alastair Ochil Hill Runners 172 35  
36 1:18:45 ADAMS, Ian Lochaber Athletic Club Male Vet 50-59 190 36  
37 1:18:50 BENZ, Sean Male Vet40-49 226 37  
38 1:19:14 MACKENZIE, Sarah Lochaber Athletic Club 58 38  
39 1:20:02 THOMPSON, Fabrenne Carnegie Harriers Female vet 40-49 180 39  
40 1:20:17 DENNY, Ryan Lochaber Athletic Club Junior Man 238 40  
41 1:20:24 ROSS, Susan Jane Lochaber Athletic Club Female vet 40-49 49 41  
42 1:24:10 MACLELLAN, Laura Highland Hill Runners Female vet 40-49 209 42  
43 1:24:14 TAYLOR, Gordie Highland Hill Runners Male Vet40-49 202 43  
44 1:24:31 LANGAN, Scott Lochaber Athletic Club 67 44  
45 1:24:41 NOWICKI, Michael Portobello 3 45  
46 1:24:42 MORGAN, Sharyn Lochaber Athletic Club 56 46  
47 1:24:53 LEGGE, Sarah Fife AC Female vet 40-49 127 47  
48 1:25:36 DUNCAN, David Ochil Hill Runners Male Vet 50-59 20 48  
49 1:26:22 EVANS, Malcolm Male Vet 60-69 156 49  
50 1:27:28 SMITH, Tilly Deeside runners Female vet 50-59 19 50  
51 1:27:57 PEARCE, Emma Lochaber Athletic Club Female vet 40-49 103 51  
52 1:29:18 METHOLD, Henry Lochaber Athletic Club Male Vet40-49 201 52  
53 1:29:37 OLIVER, David Deeside runners Male Vet 50-59 157 53  
54 1:29:37 CAMERON, Andrew Lochaber Athletic Club Male Vet40-49 188 54  
55 1:31:09 EVANS, Ros female Vet 60 + 155 55  
56 1:31:25 HUNTER, Lia Lochaber Athletic Club 258 56

57 1:31:52 TOMLINSON, David Lochaber Athletic Club Male Vet 60-69 39 57  
58 1:32:23 HAMILTON, Jim Lochaber Athletic Club Male Vet40-49 117 58  
59 1:32:54 MACINNES, Karin Female vet 40-49 267 59  
60 1:33:20 BASS, Ursula Deeside runners Female vet 40-49 78 60  
61 1:34:48 JARDINE, Jimmy Lochaber Athletic Club Male Vet 60-69 64 61  
62 1:35:01 ORR, Ernie Lochaber Athletic Club Male Vet 60-69 99 62  
63 1:37:29 GASTON, Paul Hastings Male Vet 60-69 137 63  
64 1:39:01 OLIVER, Jane Deeside runners Female vet 50-59 160 64  
65 1:40:23 KIRKDALE, Brian Hastings Road Runners Male Vet 50-59 2 65  
66 1:40:36 GRANT, John Lochaber Athletic Club Male Vet 50-59 222 66  
67 1:43:35 STAPLEY, Tony Portobello Male Vet 60-69 169 67  
68 1:54:34 MACPHEE, Margaret Rose Lochaber Athletic Club Female vet 40-49 62 68  
69 1:59:28 MACDOUGALL, Donald Jog Scotland 240 69