



LAC Leanachan 2003

Twenty eight runners took part in Sundays race at Leanachan sponsored by Off Beat Bikes. The course used an undulating six miles of forestry roads and single track with some sharp climbs and even sharper descents to add to the lung busting.

Starting at Nevis Range base gondola station a brief climb up the Downhill course was followed by a gradual contour of the hillside using the Puggy line, before a descent down and back up towards the car park through the hole in the wall.

First back across the line maintaining his excellent current form was Peter Kennedy closely followed by Mark Shaw with Donald Paterson managing third despite a long sleep in ! First lady was Amanda Blackhall with Nicola Forster and Emma Pearce coming second and third respectively and first vet was Graham McNab.

- 1 PETER KENNEDY 34.2
- 2 MARK SHAW 34.47
- 3 DONALD PATERSON 37.32
- 4 DAVID MUNROE 37.54
- 5 PAUL MACLEAN 38.04
- 6 RICHARD SHAW 38.17
- 7 KENNY RUMGAY 38.22
- 8 GRAHAM MCNAB 38.54
- 9 STEVEN CANT 39.35
- 10 DAVIE DUNCAN 40.15
- 11 KEVIN DIGNAN 41
- 12 DAVY FORD 41.5
- 13 ROBERT CANT 41.53
- 14 AMANDA BLACKHALL 42.02
- 15 ROSS WAUGH 42.32
- 16 JOHN DOUGAN 43.55
- 17 NICOLA FORSTER 44.54
- 18 EMMA PEARCE 45.52
- 19 ARLENE MCDERMIT 46.07
- 20 MORVERN CAMERON 46.57

21 RICK ATKINSON 47.11
22 MELANIE WAUGH 49.23
23 ELLEN MORRISSON 50.47
24 NANCY KENNEDY 53.35
25 FIONA CAMERON 55.22
26 CLAIRE RUMGAY 55.59
27 CHRISTINE DOUGAN 55.59
28 ALISON HAGAR 61.54