



LAC Meall an t-Seallaidh 2008

- 1 GORMAN, Manny Westerlands Cross Country Club M40 0:32:19
- 2 CUMMINS, Dave Highland Hill Runners M41 0:33:23
- 3 SMITH, Tom Lochaber Athletic Club M34 0:33:42
- 4 HEPBURN, John Lochaber Athletic Club M46 0:34:26
- 5 BENNET, Sandy Carnegie Harriers M44 0:36:17
- 6 BROOKS, Graham Lochaber Athletic Club M55 0:36:43
- 7 SHAW, Richard Lochaber Athletic Club M44 0:36:54
- 8 KENNEDY, Ali Lochaber Athletic Club M47 0:38:16
- 9 BLACKHALL, Keith Lochaber Athletic Club M38 0:40:10
- 10 BEAGRIE, Joe Lochaber Athletic Club M42 0:40:57
- 11 DUNCAN, David Ochil Hill Runners M53 0:41:33
- 12 BLACKHALL, Amanda Lochaber Athletic Club F37 0:41:48
- 13 ANDERSON, Russell Moorfoot Harriers M49 0:42:57
- 14 WILSON, Colin Carnethy Hill Runners M46 0:43:41
- 15 MACKENZIE, Sarah Lochaber Athletic Club F20 0:44:50
- 16 ADAMS, Ian Lochaber Athletic Club M50 0:44:50
- 17 BLAKEMORE, Ian Eryri Harriers M51 0:45:12
- 18 SMITH, Gordon Lochaber Athletic Club M60 0:45:27
- 19 ORR, Ernie Lochaber Athletic Club M63 0:45:35
- 20 BINDELS, Bert Lochaber Athletic Club M58 0:47:26
- 21 WILSON, Joan Carnethy Hill Runners F46 0:48:21
- 22 SMITH, Tilly Deeside runners F48 0:49:35
- 23 O'NEILL, John Lochaber Athletic Club M47 0:49:47
- 24 PEARCE, Emma Lochaber Athletic Club F43 0:49:55
- 25 STAPLEY, Tony Portobello Running Club M65 0:50:42
- 26 DUNCAN, David Lochaber Athletic Club M17 0:50:53
- 27 KENNEDY, Nancy Lochaber Athletic Club F50 0:51:05

- 28 FINNIMORE, Andrew Lochaber Athletic Club M55 0:53:18
- 29 MORGAN, Sharyn Lochaber Athletic Club F35 0:54:21
- 30 PAUL, Brenda Westerlands Cross Country Club F37 0:57:44
- 31 MURDOCH, Elma Lochaber Athletic Club F57 0:58:52
- 32 GRANT, John Lochaber Athletic Club M47 0:59:40
- 33 DUNCAN, Aileen Lochaber Athletic Club F41 1:00:11
- 34 MACPHEE, Margaret Rose Lochaber Athletic Club F42 1:01:48
- 35 TREASURER, Claire Lochaber Athletic Club F28 1:03:27
- 36 KENNEDY, Teresa Lochaber Athletic Club F44 1:05:11
- 37 WATT, June Lochaber Athletic Club F45 1:07:22