



## LAC Riverbank Junior 2004

Junior river 31 starters at the junior Riverbank race, the heavy shower at the start put off one, but everyone else braved the weather, and most enjoyed the run. The weather brightened up towards the end of the race which saw Paul Mitchell of Caol come in as race winner, leading from the start in his ever determined fashion. 2nd was Ross Douglas with another good run, followed by 1st girl Hazel Dunn. There was a sprint finish between Cara Mackay and Maxine Fraser which ended up in a tie- they're both now even points leading the under 13 girls league with one race to go. All these under 13 girls ran substantially faster than they did a year ago. Well done.

Rory MacLennon and Kelly MacDiarmid were under 11 winners and have now both won three races in a row. Ross Curtis and Sean Munro weren't far behind in the under 11 boys for 2nd and 3rd places. Ruth Earnshaw being 2nd Under11 girl improving her time from last year with Kathleen Cameron not far behind her. Well done all junior finishers for braving the mud, the weather and running with lots of enthusiasm.

### **Under 13 Boys**

1st Paul Mitchell 11 12.44 Caol Primary 35

2nd Ross Douglas 12 12.55 Mallaig High 30

### **Under 13 Girls**

1st Hazel Dunn 12 12.58 Ardnamurchan High 35

2nd Cara MacKay 12 13.43 Lochaber High 30

2nd Maxine Fraser 12 13.43 Lochaber High 30

3rd Hannah Earnshaw 12 16.32 Lochaber High 25

4th Catriona MacKintosh 11 16.47 Roy Bridge Primary 20

### **Under 11 Boys**

1st Rory MacLennan 10 13.07 St.Mary's Primary 35

2nd Ross Curtis 10 13.21 St.Mary's Primary 30

3rd Sean Munro 8 13.26 St.Matthews Primary 25

4th Sam Dunn 9 14.08 Strontian Primary 20

5th Connor Mackay 10 14.16 St.Mary's Primary 19

6th David Watson 10 15.28 Banavie Primary 18

7th Andrew Hepburn 9 16.18 St.Mary's Primary 17

8th Innes Blackhall 5 16.31 Caol Primary 16

9th Kevin Sabiu 9 16.46 Lochyside Primary 15  
10th James Dunn 5 16.55 Strontian Primary 14  
11th Keir Coupland 6 18.54 Mallaig Primary 13  
12th Oskar Methold 6 19.49 Upper Achintore Primary 12

**Under 11 Girls**

1st Kelly MacDiarmid 10 13.47 Invergarry Primary 35  
2nd Ruth Earnshaw 10 14.21 Roy Bridge Primary 30  
3rd Kathleen Cameron 11 14.41 St.Mary's Primary 25  
4th Katy MacLennon 8 15.49 St.Mary's Primary 20  
5th Isla MacKay 8 15.52 Banavie Primary 19  
6th Natasha Earnshaw 8 18.4 Roy Bridge Primary 18  
7th Abbie Fudge 6 18.57 St.Mary's Primary(Gaelic) 17  
8th Dara Munro 5 19.27 St.Matthews Primary 16  
9th Hanna Dougan 6 20.44 Lochyside Primary 15  
9th Hanna Dougan 6 20.44 Lochyside Primary 15  
10th Katie Ann Dougan 8 21.01 Lochyside Primary 14  
11th Kirsty Harrower 7 23.41 Fort William Primary 13