



LAC X Country 2009

UNDER 11 GIRLS

- 1 May Flockhart Inverness Harriers 5:17
- 2 Keira Macleod Inverness Harriers 5:28
- 3 Abbie Ferguson Inverness Harriers 5:37
- 4 Rhiannon Kirk Caithness 5:41 4 NAIRN
- 5 Robin Blackhall LAC 5:42
- 6 Helen Gordon East Sutherland 6:01
- 7 Sophie Maclellan East Sutherland 6:09
- 8 Abbie Blackhall LAC 6:10
- 9 Eve Tweedy Inverness Harriers 6:14
- 10 Emma Rogan Forres 6:24
- 11 Rebecca Denoon Ross County 6:28
- 12 Olivia Jackson Caithness 6:30
- 13 Rebecca Mathers East Sutherland 6:34
- 14 Sine Macrae LAC 6:37
- 15 Eloise Tulloch East Sutherland 6:46
- 16 Ruadhan Wilson Nairn 7:06
- 17 Anais Iav East Sutherland 7:13
- 18 Mia Mackintosh Nairn 7:21
- 19 Lauren Smith Nairn 7:27

- Team 1 INVERNESS
2 E. SUTHERLAND
3 LAC

UNDER 11 BOYS

- 1 Owen Paterson Forres 4:55
- 2 Fraser Oaks East Sutherland 5:02
- 3 William Mackenzie Inverness Harriers 5:06
- 4 Struan Tweedie Inverness Harriers 5:11 4 NAIRN
- 5 Ewan Maclean LAC 5:16
- 6 Niall Urquhart Inverness Harriers 5:17

- Team 1 INVERNESS
2 LAC
3 CAITHNESS

- 7 Owen Hope Inverness Harriers 5:19
- 8 Mark O'Brien Caithness 5:20
- 9 Craig Wilson Inverness Harriers 5:24
- 10 Aidan Ferry Forres 5:27
- 11 Steven Dent LAC 5:29
- 12 Daniel Kirk Caithness 5:31
- 13 Daniel Wilby Inverness Harriers 5:33
- 14 Logan Mathieson Ross County 5:35
- 15 Rhuaridh Shaw LAC 5:47
- 16 Daniel Lamont Inverness Harriers 5:53
- 17 Lewis Macrae LAC 6:07
- 18 Fraser Marr Moray RR 6:08
- 19 Lewis Fraser Nairn 6:13
- 20 Philip Gordon Inverness Harriers 6:18
- 21 Calum McRuda Nairn 6:26
- 22 Fergus Dickson Nairn 6:35
- 22 Fergus Dickson Nairn 6:35
- 23 Aaron Grant Nairn 6:36
- 24 Scott Lafferty Caithness 6:48
- 25 Alex Dent LAC 6:53
- 26 Cameron Donnachie Nairn 7:20

UNDER 13 GIRLS

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| 1 Eilidh Macrae East Sutherland 11:50 | Team 1 INVERNESS |
| 2 Bethany Irvine Inverness Harriers 12:16 | 2 E. SUTHERLAND |
| 3 Stephanie Andrew East Sutherland 12:23 | 3 NAIRN |
| 4 Laura MacPherson Inverness Harriers 12:33 | 4 CAITHNESS |
| 5 Catriona Hottard Ross County 12:36 | |
| 6 Rachel MacMillan Nairn 12:47 | |
| 7 Fiona Cameron Nairn 12:50 | |

- 8 Carey Ross Inverness Harriers 12:51
- 9 Gillian Gordon Inverness Harriers 12:58
- 10 Arianne Ross Inverness Harriers 13:07
- 11 Katy Maclellan Inverness Harriers 13:08
- 12 Eilidh Moynihan LAC 13:10
- 13 Hannah Macleod Caithness 13:13
- 14 Rachel Maclellan Nairn 13:15
- 15 Dionne Milne Moray RR 13:16
- 16 Rebecca Bryan East Sutherland 13:18
- 17 Catriona Gordon East Sutherland 13:19
- 18 Megan Mackay Caithness 13:20
- 19 Sarah MacDonald East Sutherland 13:37
- 20 Emma Ball Inverness Harriers 13:59
- 21 Lauren Lafferty Caithness 14:14
- 22 Georgia Cowie Buckie High School 14:23
- 23 Lauren Allan Forres 14:57
- 24 Kirsten Smith LAC 15:20
- 25 Faye Brindle Buckie High School 15:22
- 26 Kristy Eaglesham Ross County 15:44
- 27 Shannon Sutherland Nairn 15:46
- 28 Morag Lyle Forres 16:56
- 29 Hannah Smith Nairn 17:41
- 30 Shannon Mathers Forres 17:44
- 31 Isobella Morrison Moray RR 17:49
- 32 Heather Bain Caithness 18:22

UNDER 13 BOYS

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| 1 Ross Gollan East Sutherland 10:17 | Team 1 E. SUTHERLAND |
| 2 Lewis Holmes East Sutherland 10:36 | 2 LAC |
| 3 Thomas Morris Luyten East Sutherland 10:36 | 3 INVERNESS |

4 Innes Blackhall LAC 10:40 4 MORAY
5 Alistair Cooper East Sutherland 10:53
6 Alex Byham Inverness Harriers 11:22
7 Rhuairidh Gollan East Sutherland 11:43
8 Lewis Sim Moray RR 11:54
9 Aaron Nicolson Forres 11:57
10 Harris Ross Inverness Harriers 12:03
11 Donald Macrae LAC 12:10
12 Sean Currie East Sutherland 12:17
12 Sean Currie East Sutherland 12:17
13 Bruce Maclean LAC 12:23
14 Kieran McIver LAC 12:24
15 Gavin MacDonald Moray RR 12:27
16 Murray Mackay East Sutherland 12:31
17 Michael Laing Moray RR 13:18
18 Connel MacDonald Inverness Harriers 13:25
19 Dylan Christie Buckie High School 14:43
20 Lewis Dinsdale Inverness Harriers 16:28
21 Robert Henshaw Nairn 16:29

UNDER 15, UNDER 17 GIRLS

1 Erin Mackay East Sutherland U15 17:29	Team 1 E. SUTHERLAND
2 Isla Mackay LAC U15 17:55	2 CAITHNESS
3 Rebecca Taylor Buckie High School U17 18:07	3 INVERNESS
4 Bethan Nadin East Sutherland U15 18:22 4 FORRES	
5 Jade Curry East Sutherland U15 18:50	
6 Felicity Roach East Sutherland U15 19:15	
7 Nikkie MacDonald East Sutherland U15 19:23	
8 Sarah Mackinnon Caithness U17 19:32	
9 Storm Fraser Forres U15 19:54	

- 10 Corrin Miller Inverness Harriers U15 20:06
- 11 Sarah Henderson Caithness U15 20:47
- 12 Alice Gordon Inverness Harriers U15 21:03
- 13 Isobel Macleod Caithness U15 21:06
- 14 Hannah Patterson Caithness U17 21:40
- 15 Elaine Murdoch Inverness Harriers U15 21:41
- 16 Laura Graham Forres U15 21:58
- 17 Sharon Mackay Caithness U15 22:08
- 18 Isabel Hadley Forres U15 22:39
- 19 Kirsty Shand Moray RR U15 23:46

UNDER 15 BOYS

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| 1 Calum Fraser LAC 15:39 | Team 1 INVERNESS |
| 2 Craig Campbell Inverness Harriers 15:45 | 2 LAC |
| 3 Rob Murdoch Caithness 16:03 | 3 CAITHNESS |
| 4 Fraser Scott Forres 16:28 | 4 ROSS COUNTY |
| 5 Lewis Lyall Forres 16:36 | |
| 6 Alexander Thorne Inverness Harriers 17:08 | |
| 7 Joseph Tangney LAC 17:31 | |
| 8 Andrew Nicolson Caithness 17:41 | |
| 9= Harry Burton Inverness Harriers 17:44 | |
| 9= Stuart Michael Ross County 17:55 | |
| 11 Niall Ross Inverness Harriers 18:20 | |
| 12 Dean Britton Caithness 19:17 | |
| 13 Craig Maclean LAC 19:19 | |
| 14 Paul Holden Ross Country 19:20 | |
| 15 Peter McCluskey Buckie High School 19:24 | |
| 16 Kian Morton Buckie High School 19:34 | |
| 17 Douglas Holland Ross County 20:19 | |
| 18 Liam MacAdie Caithness 21:15 | |

UNDER 17 MEN

- 1 Donald Shand Moray RR 21:05
- 2 Jake Anderson Caithness 23:59
- 2 Jake Anderson Caithness 23:59
- 3 Iain Campbell East Sutherland 24:18
- 4 David Gardiner Inverness Harriers 24:50

SENIOR/JUNIOR WOMEN

- 11 Eleanor Reid Inverness Harriers SF 23:54 Team 1 INVERNESS
- 2 Sheryl Gollan Inverness Harriers F45 24:03
- 3 Amanda Blackhall LAC SF 24:20
- 4 Moira Davy Forres SF 25:07
- 5 Julie Wilson Inverness Harriers F40 27:34
- 6 Morag Lyall Forres F40 28:24
- 7 Elaine Brindle Buckie High School SF 30:43
- 8 Caroline Pears Moray RR F45 30:45
- 9 Louise Nadin Highland Hill Runners F45 31:36
- 10 Phyllis Lemoncello Nairn F60 33:45
- 11 Lesley Anne Morrison Moray RR F45 35:23

SENIOR/JUNIOR MEN

- 1 Davy Rodgers LAC M40 34:12 Team 1 FORRES
- 2 Colin Donnelly LAC M40 34:37 2 LAC
- 3 Graeme Bartlett Forres M40 34:43
- 4 Robbie Paterson Forres SM 35:10
- 5 Paul Rogan Forres M40 36:16
- 6 Graham Bee Fife SM 36:17
- 7 Simon Dobbs Moray RR M40 36:36
- 8 Kyle Greig Forres SM 36:53
- 9 Graeme Campbell Inverness Harriers M40 38:10
- 10 Paul Maclean LAC SM 38:50

- 11 Ewan Paterson Moray RR M50 38:53
- 12 John Hepburn LAC M40 39:01
- 13 Norrie Lyall Forres M40 41:46
- 14 Alan Dent LAC M50 42:58
- 15 Colin Youngson Forres M60 43:08
- 16 Ray Aiken Buckie High School M50 43:48
- 17 Graham Brooks LAC M50 44:12
- 18 Keith McArthur Moray RR M40 44:15
- 19 Simon Nadin Highland Hill Runners M40 44:55
- 20 Bert Bindels LAC M50 47:51
- 21 Malcolm Christie Elgin M50 48:49
- 22 Scott Langan LAC SM 49:28
- 23 Charlie Jarvie Inverness Harriers M60 49:59
- 24 Andrew Finnimore LAC M50 52:39