



## Glen 10K 2011

PLACE	NAME	RACE NO.	TIME	CLUB/CAT.
1	Tom Smith	LAC	35:38	M
2	John Binnie	LAC	35:39	MV40
3	Tim Brand	LAC	36:16	MV40
4	Oli Blomfeld	LAC	36:25	M
5	Paul MacLean	LAC	36:46	M
6	Ryan Stewart	LAC	37:12	M
7	Tark Gunn	LAC	39:14	M
8	Alan Smith	DEE	39:15	MV50
9	Owen Bass	DEE	40:02	MV40
10	Andrew Ferguson	U/A	40:51	M
11	Ronnie Turner	LAC	40:59	MV40
12	Bruce Davie	LAC	41:22	MV40
13	Ben Dodman	LAC	41:41	M
14	Bert Bindels	LAC	42:18	MV60
15	Lucy Prins	LAC	43:00	FV40
16	Ritchie Collins	LAC	43:53	MV40
17	Laura Barbour	LAC	44:17	F
18	Scott Langan	LAC	44:28	M
19	Andrew Cameron	LAC	44:39	MV40
20	Jim Treasurer	LAC	44:52	MV50

Lochaber Athletic Club.  
[www.lochaberac.co.uk](http://www.lochaberac.co.uk)

21	Dave Tomlinson	LAC	45:29	MV60
22	John Hynd	LAC	45:53	MV50
23	Aileen Duncan	LAC	46:27	FV40
24	Ali Kennedy	LAC	46:28	MV40
25	Emma Pearce	LAC	46:47	FV40
26	Bill Scott	LAC	46:52	MV50
27	John Dougan	LAC	47:13	MV50
28	Teresa MacKay	LAC	47:45	FV40
29	Sara Bellshaw	LAC	47:51	F
30	Ian Adams	LAC	47:58	MV50
31	Andrew Finniemore	LAC	48:27	MV50
32	Jo McGuire	Wes	48:42	F
33	Ursula Bass	DEE	49:46	FV40
34	Richard Hill	U/A	50:05	MV40
35	Jodi Ferguson	Jog	50:19	F
36	Jim Hamilton	LAC	50:30	MV40
37	John O'Neil	LAC	50:50	MV50
38	John Grant	LAC	50:59	MV50
39	Johnny Banks	LAC	51:12	MV60
40	Elma Murdoch	LAC	51:18	FV60
41	Ernie Orr	LAC	51:18	MV60
42	Joanna Hynd	LAC	51:24	FV40
43	Carina Matheson	Jog	52:20	F

44	Suzanne Duncan	Jog	52:21	FV40
45	Margaret R MacPhee	LAC	53:40	FV40
46	Mairi McCallum	Jog	55:18	F
47	Jodi Wilson	Jog	55:18	F
48	Claire Treasurer	LAC	56:56	F
49	Elvire Feeney	LAC	56:56	FV40
50	Karen Parsons	Jog	57:05	FV40
51	Pamela Hamilton	LAC	57:06	FV40
52	Nicola Smith	Jog	57:11	FV40
53	Patricia Harley	Jog	58:00	F
54	Christine Dougan	LAC	60:36	FV40
55	Rosie Cameron	Jog	61:09	FV40
56	Michelle Gillespie	Jog	61:27	F
57	Aiden Jenkins	Jog	62;44	MV50
58	Sandra MacDonald	Jog	63:15	F
59	Dawn Main-Fraser	Jog	63:38	F
60	June Watt	LAC	63:47	FV40
61	Lorraine Groundwater	Jog	63:49	FV40