



Larig Mhor 2011

Position	NAME	TIME	CLUB	CAT
1	PAUL MACLEAN	1.33.20	LAC	SM
2	ALLAN ROSS	1.35.22	LAC	SM
3	BEN THOMSON	1.38.04	LAC	SM
4	RYAN STEWART	1.39.20	LAC	SM
5	CAMERON BART	1.41.02	WESTIES	SM
6	JOHN GAY	1.41.29	LAC	SM
7	TARK GUNN	1.41.53	LAC	SM
8	OWEN BASS	1.43.17	DEESIDE	MV40
9	NIALL MACBEATH	1.45.09	LAC	MV40
10	FRASER SCOTT	1.45.16	LOMOND HILLRUNNERS	SM
11	JIM ELLIOT	1.46.16	U/A	SM
12	AMANDA BLACKHALL	1.46.35	LAC	F
13	RONNIE TURNER	1.46.54	LAC	MV40
14	BEN DODDMAN	1.47.05	LAC	SM
15	STEVEN YULE	1.50.32	TINTO HILLRUNNERS	SM
16	MARTIN CAMPBELL	1.50.33	LOMOND HILLRUNNERS	SM
17	STEFFAN GORGAS	1.51.39	WESTIES	SM
18	ALI KENNEDY	1.52.59	LAC	MV40
19	NICK BROWN	1.53.05	CORSTOPHINE AAC	MV40

20	LUCY PRINS	1.53.24	LAC	FV40
21	MARK HENRYS	1.53.33	LAC	MV50
22	BRUCE DAVIES	1.54.24	LAC	MV40
23	GRAHAM MCNAB	1.55.18	LAC	MV40
24	SARAH JOHNSTON	1.55.34	CORSTOPHINE AAC	FV40
25	JOHN HAMER	1.56.40	WESTIES	MV40
26	COLIN BENNET	1.56.54	LEWES	MV40
27	DEREK GHILLIES	1.57.10	LAC	MV40
28	JENNY GHILLIES	1.57.12	LAC	F
29	BERT BINDEL	1.57.40	LAC	mv60
30	ALLAN WILSON	1.58.34	TINTO HILLRUNNERS	MV40
31	JOHN HIND	1.58.35	LAC	MV50
32	SEAN BENZ	1.58.59	U/A	MV40
33	LINDA MACEWAN	1.59.08	LAC	FV40
34	LAURA BARBOR	1.59.21	LAC	f
35	SARA MACKENZIE	1.59.45	LAC	F
36	JIM TREASURER	2.01.13	LAC	mv50
37	PAULA COWAN	2.02.49	WESTIES	FV40
38	EMMA PEARCE	2.06.19	LAC	FV40
39	LYNDSAY SHAW	2.10.29	LAC	F
40	JO NESS	2.11.42	LAC	FV40
41	URSULA BASS	2.12.29	DEESIDE	FV40
42	FIONA THOMSON	2.16.06	LAC	F

43	BILL SCOTT	2.17.07	LAC	MV50
44	FIONA GARDINER	2.18.01	LAC	FV40
45	ERNIE ORR	2.20.55	LAC	MV60
46	CLAIRE TREASURER	2.38.24	LAC	F
47	JOANNA HIND	2.43.04	LAC	FV40
48	MARGARET ROSE MACPHEE	2.43.19	LAC	FV40