



Cow Hill 2012

<u>Place</u>	<u>Time</u>	<u>Name</u>	<u>Team</u>	<u>Category</u>	<u>Entrant No</u>
1	0:19:01	SMITH, Tom	Lochaber Athletic Club		491
2	0:19:09	TULLIE, James	Shettleston		467
3	0:19:44	WARD, Jack			475
4	0:20:24	BOSSARD, Michael	Lochaber Athletic Club		512
5	0:20:48	BRAND, Tim	Lochaber Athletic Club	Male Vet 50-59	440
6	0:20:53	MACLEAN, Paul	Lochaber Athletic Club		322
7	0:21:04	BINNIE, John	Lochaber Athletic Club	Male vet 40-49	175
8	0:21:15	THOMPSON, Ben	Lochaber Athletic Club		363
9	0:21:58	MACDONALD, Gary	Lochaber Athletic Club		110
10	0:22:16	MACBEATH, Niall	Lochaber Athletic Club	Male vet 40-49	381
11	0:22:17	MACDONALD, Steve	Lochaber Athletic Club		384
12	0:22:24	WILSON, Stewart	Inverness Harriers	Male vet 40-49	247
13	0:22:25	KENNEDY, Ali	Lochaber Athletic Club	Male Vet 50-59	228
14	0:22:26	BASS, Owen	Deeside runners	Male vet 40-49	135
15	0:22:32	ANDREW, Michael		Male vet 40-49	529
16	0:23:00	BLACKHALL, Keith	Lochaber Athletic Club	Male vet 40-49	192
17	0:23:53	FORREST, Stuart	Highland Hill Runners		244
18	0:24:09	VERBIEST, Dirk	Keith & District AAC	Male Vet 50-59	126
19	0:24:13	MEEKIN, Nicola	Lochaber Athletic Club		506
20	0:24:23	HALLIDAY, Jessica	Shettleston		466
21	0:24:41	SHAW, Lyndsey	Lochaber Athletic Club		104
22	0:25:11	MUNRO, David	Lochaber Athletic Club	Male vet 40-49	162
23	0:26:15	BLACKHALL, Amanda	Lochaber Athletic Club	Female Vet 40-49	208
24	0:26:26	BANKS, John	Lochaber Athletic Club	Male Vet 60-69	177
25	0:26:50	DUNCAN, David	Ochil Hill Runners	Male Vet 50-59	138
26	0:26:57	CORNER, Julie	Lochaber Athletic Club	Female Vet 40-49	215
27	0:27:04	MURDOCH, Ray	Lochaber Athletic Club	Male Vet 60-69	299

28	0:27:28	PRINS, Lucy	Lochaber Athletic Club	Female Vet 40-49	357
29	0:28:18	SMITH, Gordon	Lochaber Athletic Club	Male Vet 60-69	526
30	0:28:24	DAYNES, Ed	Lochaber Athletic Club	Male vet 40-49	191
31	0:28:45	PEARCE, Emma	Lochaber Athletic Club	Female Vet 40-49	238
32	0:29:19	ROSS, Susan Jane	Lochaber Athletic Club	Female Vet 40-49	374
33	0:29:23	MORGAN, Sharyn	Lochaber Athletic Club		102
34	0:29:34	BASS, Ursula	Deeside runners	Female Vet 40-49	134
35	0:29:36	SMITH, Tilly	Deeside runners	Female vet 50-59	147
36	0:31:24	LAMONT, Alan			378
37	0:31:28	SCOTT, Bill	Lochaber Athletic Club	Male Vet 50-59	533
38	0:31:45	ORR, Ernie	Lochaber Athletic Club	Male Vet 60-69	163
39	0:32:10	COLLINS, Ritchie	Lochaber Athletic Club	Male vet 40-49	432
40	0:32:16	KIRKDALE, Brian	Hastings Road Runners	Male Vet 50-59	111
41	0:34:19	MACCALLUM, Marir	Lochaber Athletic Club		495
42	0:34:22	PAUL, Brenda	Westerlands Cross Country Club		123
43	0:35:22	MACDONALD, Veronica		Female Vet 40-49	534
44	0:35:22	KITSON, Aileen	Lochaber Athletic Club	Female vet 50-59	518
45	0:35:55	WATT, June	Lochaber Athletic Club	Female Vet 40-49	220
46	0:41:12	MACDONALD, Sandra	Jog Scotland	Female Vet 40-49	463
47	0:41:12	HAMILTON, Pamela	Lochaber Athletic Club	Female Vet 40-49	443