

## Cow Hill Race 2013

<u>Position</u>	<u>Bib No</u>	<u>First Name</u>	<u>Last Name</u>	<u>Category &amp; Club</u>	<u>Time</u>
1	193	Finlay	Wild	Senior Male (Lochaber AC)	00:17:28
2	252	Colin	Donnelly	Male Vet 50 (Lochaber AC)	00:19:00
3	693	David	Rodgers	Male Vet 40 (Lochaber AC)	00:19:07
4	102	Gary	MacDonald	Senior Male (Lochaber AC)	00:19:26
T5	683	Andrew	Barrington	Senior Male (Oban)	00:19:48
T5	694	Nick	Sedgwick	Senior Male (Lochaber AC)	00:19:48
7	630	Michael	Bossard	Senior Male (Lochaber AC)	00:19:56
8	337	Ross	Campbell	Male (Edinburgh Uni)	00:20:09
9	172	Alan	Smith	Male Vet 50 (Deeside Runners)	00:20:19
10	188	Jon	Gay	Male Vet 40 (Lochaber AC)	00:20:24
11	296	Owen	Oneill	Senior Male (Westerlands)	00:20:46
12	167	John	Binnie	Male Vet 40 (Lochaber AC)	00:21:22
13	690	Jason	Williamson	Male Vet 40 (Cosmics)	00:21:25
14	118	Stewart	Wilson	Male Vet 40 (Inverness Harriers)	00:21:41
15	97	Owen	Bass	Male Vet 50 (Deeside Runners)	00:22:10
16	691	Neil	Arnott	Male Vet 40 (Unattached)	00:22:17
17	81	David	Gallie	Male Vet 40 (Highland Hill Runners)	00:22:19
18	208	Ali	Kennedy	Male Vet 50 (Lochaber AC)	00:22:30
19	624	Michael	Taylor	Senior Male (Hunters Bog Trotters)	00:22:51
20	179	Diane	Baum	Senior Female (Lochaber AC)	00:22:53
21	684	Finlay	Walton	Senior Male (Glasgow Uni Orienteering Club)	00:22:57
22	79	Stuart	Forrest	Senior Male (Highland Hill Runners)	00:23:06
23	241	Stuart	Reid	Senior Male (Lochaber AC)	00:23:08
24	225	Ben	Dodman	Senior Male (Lochaber AC)	00:23:14
25	695	Kenny	Lang	Male Vet 40 (Lochaber AC)	00:23:18
26	686	David	Munro	Male Vet 40 (Lochaber AC)	00:23:46
27	596	Brian	Campbell	Male Vet 50 (Lochaber AC)	00:23:52
28	84	Dougie	MacDonald	Male Vet (Highland Hill Runners)	00:24:16
29	643	Nick	Charlton	Male Vet 40 (RCS Cycles)	00:24:23
30	232	Damien	Forster	Male Vet 40 (Lochaber AC)	00:24:33
31	121	Steve	Kennedy	Male Vet 50 (Lochaber AC)	00:24:37
32	623	Lyndsey	Shaw	Senior Female (Lochaber AC)	00:24:39
33	626	Karen	Lyons	Female Vet 40 (Highland Hill Runners)	00:25:08
34	438	Amanda	Blackhall	Female Vet 40 (Lochaber AC)	00:25:18
35	685	David	Duncan	Male Vet 50 (Ochil Harriers)	00:25:21
36	127	Graham	MacNab	Male Vet 50 (Lochaber AC)	00:25:22
37	226	Nix	Forster	Female Vet 40 (Lochaber AC)	00:25:50
38	625	Elaine	Liddel	Senior Female (Lochaber AC)	00:26:12
39	191	Allan	Lamont	Senior Male (Lochaber AC)	00:26:24
40	128	Suzy	Devy	Senior Female (Lochaber AC)	00:26:37
41	644	Brian	Brennan	Male Vet 50 (Westerlands)	00:26:39
42	207	Joan	Wilson	Female Vet 50 (Carnethy Hill RC)	00:26:50
43	189	Lucy	Prins	Female Vet 40 (Lochaber AC)	00:27:12



44	139	Fiona	Thompson	Senior Female (Lochaber AC)	00:27:15
45	198	Colin	Wilson	Male Vet 50 (Carnethy Hill RC)	00:27:19
46	182	Jim	Hamilton	Male Vet 40 (Lochaber AC)	00:27:40
47	687	Andrew	McHale	Male Vet 40 (Jog Scotland)	00:28:21
48	617	Gordon	Smith	Male Vet 60 (Lochaber AC)	00:28:29
49	459	Angelina	Kennedy	Senior Female (Lochaber AC)	00:29:33
50	183	Sara	Bellshaw	Senior Female (Lochaber AC)	00:29:44
51	90	Ursula	Bass	Female Vet 40 (Deeside Runners)	00:29:51
52	213	Sharyn	Morgan	Female Vet 40 (Lochaber AC)	00:30:25
53	219	Jo	Ness	Female Vet 50 (Lochaber AC)	00:31:12
T54	245	Arlene	Macdiarmid	Female Vet 40 (Lochaber AC)	00:31:36
T54	181	Siobhan	Bradley	Senior Female (Lochaber AC)	00:31:36
56	242	Emma	Pearce	Female Vet 40 (Lochaber AC)	00:31:43
57	688	Andrew	Finnimore	Male Vet 60 (Jog Scotland)	00:32:09
58	78	Brian	Kirkdale	Male Vet 50 (Hastings Runners)	00:32:38
59	260	Walter	Ryder	Male Vet 70 (Morpeth Harriers)	00:32:52
60	692	Aileen	Kitson	Female Vet 50 (Lochaber AC)	00:33:15
61	689	Brenda	Paul	Senior Female (Westies)	00:34:09
62	137	Aileen	Duncan	Female Vet 40 (Lochaber AC)	00:34:40
63	180	Jimmy	Jardine	Male Vet 70 (Lochaber AC)	00:35:46
64	240	June	Watt	Female Vet 50 (Lochaber AC)	00:35:49
65	87	Ron	Fraser	Male Vet 50 (Dundee Road Runners)	00:40:20