

LOCHABER ATHLETIC CLUB CONSTITUTION

Accepted by AGM 8 September 1986

revised by AGM 1987 (sect 13)

revised by AGM 14 November 1991 (sect 17)

revised by AGM 27 October 1992 (sect 16)

revised by EGM 16 January 2014 (sect 1 - 23)

NAME

1. The Club shall be called "LOCHABER ATHLETIC CLUB".
2. The Club colours shall be a white vest with two horizontal blue bands.

AFFILIATION

3. The Club shall be affiliated to Scottish Athletics, and sporting activities of the Club shall be at all times subject to the constitution and laws of Scottish Athletics.

OBJECTIVES

4. The object of the Club shall be to promote athletics in Lochaber and to do all things necessary to that end.

MEMBERSHIP

5. The Club shall consist of Ordinary Members, Committee Members and Honorary Members elected as provided in Rule 9.
6. Every applicant for membership of the Club shall complete an application form supplied by the Secretary via email or advise where to apply online in electronic format via a third party e.g. Sientries.co.uk
7. Every Ordinary Member shall pay an Annual Subscription of such amount as may be determined by the Club at the Annual General Meeting. The Annual Subscription shall be due and payable on 1st October. Intimation shall be made to all Members when his or her Annual Subscription becomes due via LAC website and LAC social media sites.
8. Any new rate of Annual Subscription decided by the Annual General Meeting shall come into effect on 1st December following the Meeting. Members who pay their Subscription prior to 1st December can take advantage of the previous rate.
9. The Committee shall have power to elect not more than **six** Honorary Members per annum.

10. Honorary Members shall be exempt from payment of any Subscription.
11. The income and property of the Club shall be applied solely to the Club's stated objectives, no member of the Club receiving payments for service. On dissolution all assets of the Club shall be made over to an athletic, philanthropic or charitable society.

THE MANAGEMENT COMMITTEE

12. The office bearers of the Club shall be : a) Chairman, b) Vice-Chairman, c) Secretary, d) Treasurer, e) Club Captain(s) and shall be elected annually at the Annual General Meeting.
13. The Club shall be governed by a Committee consisting of the office bearers and as many Committee Members as the Club deems necessary who shall be elected annually at the Annual General Meeting. **Six** shall form a quorum.
14. The Chairman shall have power to instruct the Secretary to convene a Committee Meeting at any time, due notice of which shall be given to each Committee Member specifying the business to be dealt with.
15. The Committee shall have power to co-opt additional temporary members without voting powers and to appoint sub-committees for such duties and purposes as may be necessary for furthering the aims of the Club.
16. The Treasurer on instructions of the Committee shall pay, account and incur any normal liabilities on behalf of the Club. The Committee and Office Bearers are hereby indemnified by the Club against any claim or demand in respect of any liability properly and bona fide incurred on behalf of the Club

ANNUAL GENERAL MEETING

17. The Club Accounts shall be made up annually as at **30th September** in time for presentation to the Annual General Meeting and audited by **31st December** each year, with the audited accounts being presented at the first committee meeting thereafter.
18. The Annual General Meeting of the Club shall be held in the month of November each year for the following purposes: a) to receive the Annual Report, b) to present the accounts of the Club, c) to fix the amount of the Annual Subscription, d) to elect Office Bearers and Committee Members, e) to appoint auditors, f) to transact such other business as may be brought before it. **Six** shall form a quorum.
19. At least 14 days before the Annual General Meeting the Secretary shall give notice to every Member of the Club of the time and place of such Meeting,

and of the business to be transacted. Any Member may have a motion included in the business to be transacted provided he or she gives written notice of the motion to the Secretary by **30th September**.

20. An Extraordinary General Meeting of the Club may be summoned at any time by the Chairman of the Club or by **five** members acting together, who have sent a written request to the Secretary of the Club to convene a meeting. The object of the meeting shall be stated in the notice convening it and at least 14 days' notice shall be given. Notice under this clause may be given on the Club website and social media and in local newspapers.
21. The Chairman, whether at a General Meeting or at a Meeting of the Committee, shall, in the case of an equality of votes, have a second or casting vote.
22. The Club shall have power to alter these rules at the Annual General Meeting of the Club, and then if supported by a majority of not less than two thirds of those present and voting. Notice of the proposed alterations shall be given with the notice convening the meeting. The proposer must submit such alterations in writing to the Secretary not later than the **30th September** prior to the Annual General Meeting.
23. The Committee shall have power to legislate for anything not provided for in these rules.